Top 10 Class of 2016

Valedictorian: Emily Cecala (SUNY Geneseo)
Salutatorian: Katelyn Adams (Ithaca College)
Number 3: Nicole Burns (Nazarath College)
Number 4: Theresa Ernst (Daemen College)
Number 4: Joseph Radwan (Rochester Technical Institute)
Number 6: Micheal Djaballah (Boston University)
Number 7: Kody Wnuk (University of Albany)
Number 8: Damian Host (University of Buffalo)
Number 9: Mikaela Peterson (SUNY Brockport)
Number 10: Kaityln Good (Daemen College)
The long and winding road, that leads to your door will never disappear. I’ve walked that road and the journey through high school may have ended, but something always leads me to your door Frontier..... The wild and windy nights at Homecoming events through the many laughs during the school year.... Crying for the year to end, but now I have tears of joy and memories for life. The road ahead will be full of excitement and challenges and while there may be some anxiety, we can always look back at our time at Frontier and smile... But still they lead me back to the long winding Falcon Road that has been built over many years, by many former students and now we are proud to say, we are officially Falcon Alumni and we will spread the Frontier Spirit wherever we go!
Kaysie Blersch

Media Arts Club is a place where like-minded people can gather to enjoy their interests. We can discuss and participate in the things we enjoy. The club covers a variety of topics including movies, comics, video games, table-top games, anime, manga, cosplay, animation, cinematography, drawing, and much more. You don’t even need to do well in these areas, you just have to enjoy them. If you want to improve, Mr. Carlson and the other club members are always happy to help. New members are always welcome. Media Arts Club is the place to be.

Meghan Childs

Since joining Inflight this year and becoming an editor, I have really come to love seeing the way my fellow classmates view things. Working with Mr. Gordon and Mr. Zielinski has been eye opening from a writing standpoint because I now begin to see corrections and ways to improve my own writings now in my daily life. Before joining Inflight, I never really knew how much time and group effort goes into its entirety. From taking pictures, to having people report about sports games and their daily lives, to setting up the layout and editing, and even putting in the final touches to make it the way we want it. Inflight is something I will definitely continue on with through high school.

Letter From The Editor:

Clubs

International Club is Frontier’s largest club. The club holds monthly meetings that entail foreign movies, presentations, field trips, and food parties that expose students to the different ways of life all across the globe. In October, students painted bobble head turtles and learned about the Mexican holiday, Day of the Dead. Our big field trip this year was a tour of the Claude Monet and Impressionist painters exhibit at the Albright Knox Art Gallery. Last month the club tasted food from all around the world including crepes and enchiladas at our International Potluck Dinner. Our next meeting will help students explore India with henna painting. These are only some of the fun and enriching activities that the club has done this year.

International club is led by a small group of student officers alongside advisors Mrs. Bianchi and Mrs. Rizzo. The president of the club is Emily Cecala with vice presidents Maryn Chmielewski and Sana Zubairi, Treasurer Matthew Hein, and Secretary Mia Napolin. Together, these students and teachers work hard to put on the club’s fun and educational meetings.

International Club is a crucial club at Frontier that delivers fun and knowledge to all of its members. International Club will be running strong for a long time and we hope to see you next year!

Contributors

Writers:
Kaysie Blersch, Jimmy Brophy, Meghan Childs, Emily Cecala, Katelyn Adams, Nicole Burns, Theresa Ernst, Joseph Radwan, Mike Djaballah, Kody Wnuk, Damian Host, Mikaela Peterson, Kaitlyn Good

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Meghan Childs, Taylor Pelow

Photographers:
Susan Melski, Martha Rizzo

Advisor:
Mr. Gordon
1. What college will you be attending in the fall? SUNY Geneseo

2. What do you plan on majoring in? French and Secondary Education

3. What are your career plans? I’d like to teach a foreign language and possibly become an ESL teacher

4. Is there anything you would like to share about yourself we may not know? Yeah, I once did Pilates in a Falcon Suite

5. Do you have a favorite high school memory? Yes, it was when I participated in the Japanese Homestay Program with Sakurai High School from Kurobe Japan.
Starting off as a three pound, nine ounce preemie, Emily Cecala was a tough cookie ready to take on the world. Known as Bruiser in the NICU, Emily quickly overcame the handicaps of being born premature and became a very happy, healthy baby.

She started kindergarten in 2003. She was shy, but with the help of her teachers and the companionship of her cocker spaniel, Noodle, she was able to get through elementary school. She started singing and playing the viola, and to this day she has never looked back.

Emily went through her awkward preteen years like everyone in middle school. She started taking French and teaching herself Japanese. Throughout middle school and high school and it’s many challenges, Emily pursued her love of foreign language. Now she’s going be a language teacher. What a tough cookie indeed.

**MY SONGS**

1. Success
2. Hungry for Knowledge
3. Dear Sortisio (Bring me a Diploma this Christmas)
4. Hope
5. Its Raining Vocab
6. I’m gonna wash that negativity right out of my hair
1. What college will you be attending in the fall? I will be going to Ithaca College.

2. What do you plan on majoring in? Music Performance and Education.

3. What are your career plans? I'd like to perform in the pit orchestra on Broadway or play in the soundtracks of movies.

4. Is there anything you would like to share about yourself we may not know? Sure... I can lick my nose.. :)

5. Do you have a favorite high school memory? I don't have just one, I have 2; either the Boston trip with the Music Department last year or the pit party at Buffalo Wild Wings.
Over the years I developed a perfectionist personality. Remember when we had the green, yellow, and red cards, and had to flip one whenever we broke a rule? I cried during all four flips during my elementary school career. So to avoid that, I made sure I followed all the rules and did most of my homework before the end of the year. In second grade, I started taking piano lessons which made the General Music class with Mrs. McGinty very easy and enjoyable. Two years later I decided to play the bass. I was a weird kid. Piano made learning that easy too. Before I knew it, I was playing in the fifth grade orchestra as a fourth grader.

Middle school was a difficult time for everyone. I was well into playing travel softball, taking bass and piano lessons, and actually trying in school. The perfectionist trait kicked in again and I decided to try very hard. I pulled off consistent 98 quarterly averages and had the highest average in the 8th grade at one point. But middle school was difficult for me because I lost touch with all my friends from Cloverbank and didn’t have the time or confidence to make new ones. Thankfully I met Katie Sciolino, a talented saxophonist who is just as obsessed with music as I am. She and I became best friends in a matter of minutes due to our mutual feelings about music.

Once I got to the high school, I decided to try even harder. My freshman year was spent studying for all the classes that I filled my schedule with, though I was still interested in music. Sophomore year was spent the same way, as far as filling up my schedule. I didn’t even have a lunch. But by taking difficult classes, you start to see the same people over again. Joe Radwan, Jaime Birkmeyer, Jenna Eschner and Brittany Bannister are some of these people. They are some of my best friends today. Junior and Senior years I became very heavily influenced by music, in and out of Frontier. I became a well rounded musician, being involved in jazz, fiddle, rock, and orchestral ensembles. However, Junior year I took AP Chemistry and thought that was the way to go with my life. Engineers make way more money than musicians, and I thought that financial stability was the same as happy. I snapped out of this mindset about a month before college applications were due after two reality checks: one with my mom-away-from-home, Mrs. Voto, and the other, BC Calculus. I realized that music was the way for me to go. Senior year I still took hard, non-music courses, but I didn’t fill my schedule with them. I had a study hall every day and a lunch. To me, that was absurd. I thought I would be bored out of my mind. But I retreated back to the music suite and I met so many great people, including Amanda Ruiz and Nick Ceccarelli. I had no idea how well-known I was in the music suite, and I owe it to everyone in the music department for making my senior year so much better than it would have been without them. Over the years my definition of success was flawed. I’m not sure I’ll ever achieve it. But I do know that as long as I’m making music, I’m doing something right.
1. What college will you be attending in the fall? Nazarath College

2. What do you plan on majoring in? I am majoring in Music Therapy

3. What are your career plans? My goal is to change the life of at least one person through music. If I happen to change more lives than that, it's a bonus!

4. Is there anything you would like to share about yourself we may not know? Most people don't know I am a huge fan of Disney and all its characters

5. Do you have a favorite high school memory? My favorite high school memory is actually the culmination of 4 years in the pit orchestra for Frontier High School's musicals. Making music with my friends and for my friends on stage is an experience I can't describe. They are times that I will carry with me forever and they encourage me to pursue pit orchestras as an adult.
Beginning school was very difficult for me. I am an only child and I never attended preschool. Not only that, but my father was very sick for the few years of my life. My first day of Kindergarten at Pinehurst is something I’ll never forget just because of how scared I was of being away from my parents. My lack of experience with other kids made making friends quite difficult (thankfully, in 1st grade, I met my still-best friend, Jewels). I struggled. If it wasn’t a kid making fun of me, it was my father getting sick again or losing a family member to cancer. I unfortunately learned what it was like to deal with hard times on my own very early in life. However, it wasn’t all bad. In 4th grade I picked up the violin, and with that tiny wooden instrument, I picked up my future. Music was not just the background noise I liked to tap my foot and sing along to, it was something I had the power to create. I discovered my talent, my escape, my everything.

Middle school: 3 years of pubescent confusion and distress. I think it was designed to be everyone’s least favorite years of school. The freedom of a larger school, tons of new people to meet, and elective classes was thrilling. The 0-100 grading scale was implemented and I realized that I was very good in school. These were the years that shaped me into the hard worker and perfectionist that I still am. I always made high honors. Teachers commended me on my talents. Orchestra and chorus became my safe haven. I lost my stage fright through Fiddle Club and discovered my love for fiddling. I made friends. I made enemies. Through all of that, I realized that I could only rely on myself.

I entered high school with hopes that it would be better than anything I had experienced so far in school. In a way, it definitely was. My grades steadily rose as I pushed myself harder. I impressed my teachers and my peers and I was eventually deemed a “smart kid.” I found safety in the music department. I was a commendable violin player and I eventually rose to concert mistress in my senior year. The music kids and teachers always had my back and I always had theirs. I had never felt so loved in my life. Even though my senior year was probably the most stressful, draining, and emotional year of school (and a lot of my troubles were caused by my music friends), making music with all of those great people is something I’ll never forget… I owe my love for music and my pursuit of a music major to the music community at Frontier. I even met my boyfriend of now over a year because of the Frontier music department. If it wasn’t for them, I wouldn’t be who I am today.

My journey through Frontier was a rollercoaster. Ups and downs and twists and turns galore. But I owe my successes to the brilliant teachers and students that graced my life for the 13 years I spent here. They all helped me discover myself, and my future is bright because I know who I am now because of Frontier. Thank you so much for everything.
InFlight/June, 2016

THERESA ERNST
Ranked Fourth

1. What college will you be attending in the fall?
   Daemen College

2. What do you plan on majoring in?
   I am majoring in Nursing

3. What are your career plans? I hope to find a job at a hospital that works with sick children and to be an inspiration to them and their families.

4. Is there anything you would like to share about yourself we may not know?
   My right hand is actually much larger than my left

5. Do you have a favorite high school memory?
   My favorite high school memory is playing in pep band with some of my closest friends because we always had a good time and I never wanted those games to end.
The past 12 years of my life have given me so many memories I hope I will never forget. My earliest memory of school is learning the 26 letters of the alphabet in Ms. Hadley’s kindergarten class and watching the helpful videos on the box tv in the corner of the room. From this to the fifth grade very memorable trip to Gettysburg and Philadelphia with one of my closest friends. Then came middle school aka the awkward years where I somehow managed to make some good friends that would last through the rest of my school years. High school was tough and only got tougher but I made it through the cold pep band nights and the stressful AP exams. All through my school years I made so many memories and learned not only about math and english but also about who I am. I discovered my nerdy, music loving, slightly sassy self and I also learned to be proud of who I am because I am one of a kind. Frontier taught me everything I need for college and so many good skills that will help me succeed in the future.

MY SONGS

1. See you never
2. Bye Frontier High
3. Let’s Flute
4. CNO (Calc Night Out)
5. Write here
6. As I throw
7. It’s all over
8. Clean
9. Four @ Four
10. I’ll Zimmermiss you
1. What college will you be attending in the fall? RIT
2. What do you plan on majoring in? Applied Statistics and Actuarial Science
3. What are your career plans? I plan on becoming an actuary or statistician
4. Is there anything you would like to share about yourself we may not know? I just found out .999999 equals 1 this year
5. Do you have a favorite high school memory? My favorite high school memory is really two things; first one was the band trip to Disney World. Next, it was great when the bowling team went to the State Championship
My story begins at Big Tree Elementary where I met my single greatest best friend of all time, Nathan, in Mrs. Mattioli’s Snoopy-themed kindergarten class. First grade was a difficult transition for me because nobody I knew from Kindergarten was there, but I managed to make friends in Mrs. Carberry’s class. Moving on to second grade with Mrs. Wesolek, I met another one of my best friends, Noah. In third and fourth grade with Ms. Kowalczyk and Miss Botz, Noah and Nathan were with me the whole time. Fifth grade with Mrs. Cerone and Ms. Militello was one of the best years with my friends. Sixth grade was an awesome friend group with Jared, Hannah, Hannah Noah, Rachael, Elijah, Dayna, and Brandon.

That year would’ve been terrible without those people. Seventh and eighth grade was basically still the same friend group. The entire red team became friends with each other. Going into high school, I wasn’t too worried. I still had my friends from middle school but thankfully, I made upperclassmen friends in chemistry. In tenth grade I met two of the greatest people I could ever hope to have met, Katie Adams and Damian Host. Throughout the rest of high school, these two along with Brittany, Jenna, Jaime, and Nathan kept me sane. Now that I’m leaving Frontier, I feel I am completely prepared for success in my future and in college. I’ve had many teachers who have influenced my work ethic though out high school. Most of all, Mrs. Fletcher and Mr. Zimmerman influenced my career decision and my love of math, and I cannot thank them enough for it.

My Songs

1. Sketch me a curve, Rollercoaster
2. 7 doesn’t go into 4
3. Sky blue couch
4. Hey did you Uh...
5. Lost in Calc
6. Hey, hey, hey (Language Damien)
7. Do your best
8. Wild as the Zimmerman
9. Taco Bell on the road
10. Statsed out
1. What college will you be attending in the fall? Boston University

2. What do you plan on majoring in? Biochemistry

3. What are your career plans? I would like to be a specialized doctor or a medical researcher

4. Is there anything you would like to share about yourself we may not know? I'm actually very sarcastic

5. Do you have a favorite high school memory? I loved the night before the last night of school on the football field and the last day of school... It was great to think back and reminisce about all the years at Frontier
My journey through elementary, middle, and high school has been an interesting experience. I actually went to a private school for first grade and half of second grade, but all other years from kindergarten to senior year have been at Frontier. I had a pretty interesting elementary school experience, being in both S.A.I.L. and Challenge Math at Cloverbank Elementary. I had very memorable teachers there, including Mrs. Osmanski, Mrs. Gust, Mr. Salley, Mrs. Sadlocha, and Mrs. Infante.

Middle school was also interesting, being sorted into one of four teams while being mixed in with students from other elementary schools. I began the UB Gifted Math Program in 7th grade, which was also the start of a loop: I would have mostly the same teachers for 7th and 8th grade. These memorable teachers included Mrs. Gonzalez, Mr. Brown, and Mr. Sells. Other memorable teachers were Mrs. Morris and Mr. Przybyciel. These teachers gave me great advice and a solid base for high school.

High school was the most interesting, being able to speak to teachers as more of an equal and in a more mature manner. AP classes were taken and hard work was done for arguably the first time for myself academically. I continued GMP and joined the Mock Trial Team as a result of a recommendation from my brother. Being finally mixed with everyone as a result of no team-based sorting, I made many friends that I will remember for years. I also met many memorable teachers, including Mr. Falgiano, Mrs. Dunbar, Mr. Bader, Mr. Zawada, Ms. Morgan, Mrs. Bready, Mr. Govenettio, Mr. Silverstein, Mr. Gordon, Mrs. Voto, Mrs. Bianchi, Mrs. Binner, Mr. Zimmerman, Mrs. Schober, and Mr. Staruch. Outside of high school, memorable math professors include Dr. Wilson, Mr. Montante, Mr. O'Malley, Dr. Mihai, and Dr. Tiu. I would not have had as great as an experience that I did if I did not have these teachers.

Overall, I had many high points and I minimized the low points. If I was ever overwhelmed, teachers would understand and help me as much as they could. These teachers helped me reach my goal of being positioned to have a very successful career in the medical field.
My journey through the Frontier school system was fairly typical up until the end of my eighth grade year. At that point, my future at Frontier High School seemed dim and unexciting. After hearing rumors of how Frontier wasn’t going to be able to prepare me for success in college, I was honestly scared. This fear was a rollercoaster that ended right in the gym of St. Francis High School. After touring the school, the guide made it seem as though St. Francis was the obvious choice if I wanted to have any hope of succeeding in life. To be completely honest, I was convinced. If I wanted to make it into a top notch university, I would have to attend St. Francis. After some weeks of already planning my success with a private high school education, I was dragged by my ears to an small open house in the back gymnasium of Frontier High School. Completely uninterested, I found myself tuning all of my future teachers out. It wasn’t until I found myself in front of Mr. Gregoire’s technology station that my intrigue overcame my arrogance. After having my brother for four years in his class, Continued on next page
we were able to talk about all the impressive pieces of woodworking that my brother had created in his class. He told me all about the great times that he and my brother had creating such pieces. He also added that he was excited to hopefully get a chance to work with me on my own projects. Although now woodworking isn't my forte, at the time, it was the coolest thing to me. Not only were the classes he was showing me awesome, but Mr. Gregoire showed a genuine, personal interest in me. A type of interest that wasn't shown by the teachers that I had met at St. Francis. After being dragged out of that gymnasium by my ears, I left with an entirely new mindset toward my education. It was that moment that I knew Frontier was the right place for me. That night made me realize that I wouldn't need the fancy education offered at St. Francis to succeed. I knew I was going to thrive in the environment that Frontier had to offer and I was, and still today, exceedingly proud of that fact.

I was extremely satisfied with my first years of education at Frontier, but the reality of having to soon enter the adult world hit me within the first week of my junior year. My counselor, Mrs. Cannan, convinced me to try and challenge myself with an advanced placement math course to go along with the precalculus course that I was taking. Truthfully, I wasn't too sure about it, but I decided it couldn't hurt to try it. This didn't seem like a huge decision at first, but it landed me in the third row of Mr. Zimmerman's AP Statistics class. The first day of class, Mr. Zimmerman explained how statistics could become a career for some of us. He explained the everyday life and typical schooling for an actuary. He also added that becoming an actuary requires a certain type of passion for math that not many people have. At first, I looked at becoming an actuary as just a way of making a lot of money while doing something that comes easy to me. But as we dug deeper into the curriculum, I started to feel an insatiable desire to explore the new world of analytics that I was being introduced to. By the end of the year, I knew that I had finally found my niche in the sizable world of mathematics. What seemed to be a very insignificant decision at the time, transformed into me finally being able to focus on one career path to become successful in the adult world.

To pursue my dream of becoming an actuary, I have enrolled at the University at Albany to major in actuarial science. I am very confident that the statistics and calculus skills that I have been taught at Frontier have prepared me enough to take on the daunting curriculum for actuarial science majors. Even though these skills will undoubtedly play a major role in my future, the work ethic that I developed throughout my schooling at Frontier is what truly will be the basis of my success. I was constantly being pushed to challenge myself and then work persistently in order to accomplish the great things that I have while at Frontier. Trust me, there have been plenty of long nights filled with never ending amounts of homework and studying to have made to where I am today. I know that there will be plenty more of these sleepless nights while I'm in college and continue my education, but I embrace that fact. I embrace the fact that there's going to be even more of these brutal, work nights because that's the kind of hard-working mentality that has been instilled within me during my time spent at Frontier. This mentality along with the calculus and statistical skills that I have developed are just a few of the many ways that Frontier has prepared me for success.

It has been a very long and interesting road at Frontier High School, but I wouldn't trade my experience here for the world. I've had my ups and downs during the length of my career here. Even so, I know that this school has properly prepared me for all of the hard work that lies ahead. The morals that have been instilled in me with this school will surely stick with me long after I graduate college and work in the adult world. After being unsure if Frontier would prepare me for a successful future, here I am now, with big dreams, admission into my dream school, and a boundless amount of ambition.

MY SONGS

1. Brass Falcon
2. No sleep till graduation
3. So whatcha want teacher
4. Hey ladies
5. Pass the calculator
6. An open letter to UAlbany
7. Square root down
8. Body movin’ to BC
9. Triple trouble
10. Fight for your right to stats
1. What college will you be attending in the fall? University of Buffalo

2. What do you plan on majoring in? Aerospace Engineering

3. What are your career plans? I would like to work for SpaceX

4. Is there anything you would like to share about yourself we may not know? Yeah, PI is 180

5. Do you have a favorite high school memory? I can’t believe I almost got into a fight with a dude from Long Island at the states for bowling. Who would have that?
I began my years of schooling at Big Tree, where smiles go for miles and miles. I made my way into the SAIL and challenge math classes, where we did a lot of cool things. I remember making a TV show with one segment being the YMCA song. Then in fifth grade, my class went on the Miss Buffalo boat ride and I will always remember it.

Then I moved up to Middle School, where I met some amazing teachers that always pushed me to do my best. One of which was Mrs. Henry, a social studies teacher, who retired my last year of Middle School. During Middle School, I made a life sized mummy for a project and it was displayed for everyone to see, making me feel proud.

Moving on up to High School was way easier than I thought it would be. I was able to keep most of my friends that I had in Middle School, like Cody Sidlecki and Andy Ellis. Over the course of the years I was then able to make amazing new friends like Joe Radwan and Katie Adams. The three of us first took college physics together before moving onto AP Chem. Through the course of the last two years of High School, we became better and better friends. Then in Senior year I took Calc BC, which was one of the hardest classes that I’ve ever taken. But I was still able to do well in the class with just a little extra hard work, and of course a little help from Mr. Zimmerman. I would like to thank all of my teachers that I had throughout the years for making school enjoyable, especially Mr. Zimmerman.

### MY SONGS

1. Highway to Calc
2. Zim’s got rhythm
3. Calc all over you
4. Integral plus C
5. Buying a brand new couch
6. Shot down in Chemistry
7. Get some Chem
8. If you want college credit (Take AP exam)
9. Love Zimmer man
10. Night Calc-er
1. What college will you be attending in the fall? SUNY Brockport
2. What do you plan on majoring in? Nursing, with a minor in Forensic Science and Coaching
3. What are your career plans? I would like to work as a Registered Nurse in Buffalo
4. Is there anything you would like to share about yourself we may not know? I was actually born in Anchorage Alaska
5. Do you have a favorite high school memory? Yeah, I loved being a Varsity swim team member for 5 years
I started kindergarten at Big Tree Elementary in September of 2003, just months after my little brother was born. In second grade, I put on a pair of tap shoes for the first time and I haven’t stopped dancing since. During my final year at Big Tree, I got my first dog; a golden retriever named Dakota. That same year, my father had to be transferred to Pittsburgh, PA, nearly three hours away. Our family decided that he would take the transfer, but my mom, brother, sister and I would stay behind. His willingness to commute weekly allowed me to continue to live in the town that I love and finish my education and graduate as a Falcon.

I began sixth grade at Frontier Middle School in 2009. This was quite a transition but I soon found a place to fit in. It was during seventh grade that I began my swimming career. I joined the Modified swim team where I swam competitively for the first time. I was able to learn about the sport that I now love and the hard work and dedication that goes with it. That spring, I joined Hamburg Swim Club so I could develop my skills. By the end of that spring, I had improved tremendously and my coach encouraged me to try out for the Frontier Varsity Swim Team. I took that recommendation and in September of eighth grade, I became a member of the team.

My freshman year of high school began in September of 2012. I attended football games, Homecoming, Pep Rallies and School Dances. I became more involved in my school and community. I continued to swim for Hamburg Swim Club and was a Student Athlete Representative for the club. I was inducted into the National Honor Society and was elected secretary. I became a lifeguard with CPR certification and was a dance class assistant for four years. During my Senior year, I was chosen by my teammates to be a captain of the Varsity Swim Team. I participated in the school musical, The Addams Family and took part in various school events. One of my proudest moments was when I was selected as a WIVB Scholar Athlete.

I chose the Friends soundtrack to represent my life and myself because it tells the true story of friendship. Friends will come and go but everything I did both in and out of school allowed me to make amazing friends. Having friends to share all of your experiences with during your time at Frontier makes life a little easier. I look forward to the next chapter in my life and to meeting new friends. I am proud to be a Falcon and to have such incredible friends.
1. What college will you be attending in the fall? Daemen College
2. What do you plan on majoring in? I’m majoring in childhood education
3. What are your career plans? I would like to move somewhere warm and teach Spanish to elementary kids or become an ESL teacher
4. Is there anything you would like to share about yourself we may not know? I don’t like Mac N Cheese
5. Do you have a favorite high school memory? I loved 2 things; going to states with the Varsity bowling team or going to Disney with band my freshman year
I chose this album because Florida Georgia Line is made up of two best friends. Allison and I have been friends since I first moved here in first grade. We do everything together and I don’t think I would have made through the struggles of high school without her.

I didn’t go to Frontier in Kindergarten. First, I went to Cheektowaga and then I went to Depew. This was hard for me to do because when I was little I was a shy kid and didn’t make friends easily. So, when we moved to Frontier again, it was another hard transition. In first grade I knew that Frontier teachers and kids were very accepting of me and treated me with the upmost respect. From there on I become a Frontier student.

Frontier has given me the education that I will have the rest of my life. From the rough middle school times to the hard high school years, I have learned so much. I will take all of the things I learned at Frontier to excel at Daemen and beyond.
While walking around the halls over the past few months of school, you may have seen students proudly wearing Frontier-blue shirts bearing the Falcon logo and the words “Unified Basketball.” What is Unified Basketball you ask? “Unified Basketball is an inclusive basketball league that incorporates students with intellectual disabilities along with the general education students,” said Unified Basketball coach Mr. Heppner. Unified basketball, with the exception of allowing general education students with no prior basketball experience to participate, is as authentic as a varsity game between Frontier and Orchard Park, including fouls and infractions, as well as team pictures, a senior night, and an end of the season banquet, and anybody interested in playing can join the team. As per Coach Heppner, “the purpose of Unified Basketball is to provide students with an opportunity to participate on a team whom traditionally may not do so. This is an opportunity for these students to represent their school, while still learning meaningful lessons.”

The Unified Basketball season includes 6 regular season games, with an end of the year tournament to wrap up season play. The sky is the limit, not just for the participants, but for the entire Unified Basketball league as well, “I foresee that this league is only going to grow and develop,” said Heppner. Frontier is fortunate to have developed such a special and unique program, largely thanks to the support of the Board of Education, Superintendent Mr. Apthorpe, Director of Special Education, and Athletic Director. While reflecting on Frontier’s newest addition to the athletic department, Heppner stated, “This has truly been a life changing experience. The kids teach me more everyday than I could ever teach them. I encourage more students to take a chance and participate in this wonderful program next year.”
Frontier High School once again hosted its annual healthy living fair on Thursday March 17 in the main gym. The all-day event had a variety of activities that had something to offer to every student that attended. Numerous clubs, informational tables, face painting stations, a photo booth, and activities with Officer Horrigan. Along with the many events on display, there was an assembly on distracted driving, and the effects that both drinking and texting while driving can have on our lives. After the assembly, students had the opportunity to step behind the wheel as a driver with impaired judgment due to texting or drinking while driving. Justin Dempsey, a senior said “I really enjoyed the texting and driving simulator. It showed how much texting can affect driving.” Also present at the healthy living fair was a Frontier favorite Dennis George and his Quizmaster show, which always includes the likes of Mr. Smaczniak and other faculty members squaring off against students. Another notable event that takes place at the healthy living fair is Bald For Bucks, an event where numerous students shave their heads bald and raise money to support those who deal with cancer. Some of the student body’s favorite attractions included performing Martial Arts and self-defense with faculty members Mr. Rice and Mr. Ristine and a relay race put together by Route 20 Fitness. For the relay race, students were timed by how fast they could perform certain exercises such as tire flips, chin-ups, pushups, and kettle bell swings. Zach Jezioro, a senior said “It was fun, it was my last time being here so I had to make the most of it. Wish I could do it again.” Once again, the healthy living fair was a big success with the students of Frontier, and was a great way to go into the Spring Recess.
Each and every team sets out to win their last game of the season and finish on top of the mountain, but in recent years, the Lady Falcons have come up just short. After a campaign that featured the Falcons having an 11-7 record, frontier would drop tough loss in last season’s Section VI Championship at All High Stadium for the fourth consecutive year to the hands of Lancaster. As any loss goes, the Lady Falcons were upset they fell just short, knowing they devote time, effort and skill into each practice and game to succeed. “Each loss is tough… some hurt more than others. But a loss is not truly a loss if you learn from it,” said Head Coach Tim Myslinski. “This season the girls have focused on each game one game at a time, and to treat each game as important as every other game.” The Falcons one day at a time, one half at a time, and one play at a time. “If we focus our fiber on every opportunity that we are given in life, school, practice, and games, those little victories will add up to bigger ones.” Coach Myslinski’s Lady Falcons wouldn’t settle for anything less than to return back to All High Stadium this season, and that’s exactly what they did.

As of press time, Frontier held a 12-4 record to hold the second seed in Class A heading into the postseason. A “very unique” team, as Coach Myslinski describes the Falcons, has worked endlessly to finally take home a sectional crown to Frontier. “We are a team that plays united. Each individual has to give everything they have so others may be successful. Everyone has a role and if they do what they need to do to the best of their ability the entire team will be the key factor,” stated Myslinski. Over the past few seasons, Myslinski and his team have built a winning tradition that resonates throughout the program, and the symbol of the winning tradition, oddly enough has been represented by Myslinski’s ever growing hair. A few years back, Myslinski and a former player were talking prior to a Section VI playoff game against Lancaster, and during part of the practice Myslinski expressed his frustration with losing to Lancaster by one or two goals in the big game. As Myslinski put it, “I snapped and told the team that I will not cut my hair until we are back on top as Section VI champs… That was three years ago, we have gotten close but close only counts in horseshoes and hand grenades! As a snowflake turns into a snow ball it grew.”

The Lady Falcons compete in a very tight and competitive conference, and the team’s talent, skill, and work ethic has prevailed, as the Lady Falcons have swept the likes of Orchard Park, Clarence and cross-town rival Hamburg. The sweep of Hamburg had some significant implications for not only the lacrosse team, but Frontier’s entire athletic program, for the win secured a Frontier victory in ‘The Paw vs. The Claw trophy series between the two schools. Tough losses to Lancaster by a goal each time, once in regulation and the other in overtime gave the Falcons a preview of what to expect heading into this year’s Section VI Championship game, where the Lady Falcons dropped a close match 8-6 to close out their 2016 campaign.

As Coach Myslinski put it best about his program, “We want to win the day, not only as a lacrosse player but also as an individual, daughter, sister and student! We are all given the opportunities, what we choose to do with them will define who we are as a player, team mate, and as a team. The girls in the Frontier Girls Lacrosse program from the modified program up to our alumni are and were a joy to coach. I show up every day excited to coach these young women. I am truly blessed to have such fantastic individuals on my team and in my life.”
After a 2015 that saw the Lady Falcon’s go 10-10 in regular season play, Coach Schruefer and her varsity softball team were looking to build off their previous campaign, and so far this season, the girls have been doing just that, as they have been ranked number two in the WNY Large School poll. Coach Schruefer’s softball team has gone 9-5 in league play as of press time, and 13-7 overall, good for second in the Class AA South Division, and fourth in the sectional playoffs, where the Falcons will host Niagara Wheatfield.

The 2016 Falcons squad is made up of a core group of seniors including captain and pitcher Emily Johnston, the MVP at the Depew tournament in which Frontier won. Rylie Russo, the leadoff hitter and second baseman, 3-year starter and Captain Vic Castricone, who plays at first base, Chelsea Simmeth, the team’s homerun leader, catcher Jensen Lee, who is returning to play her senior season after sustaining an ACL injury that required surgery 3-year starting center fielder Maddie Jacobs, Lindsey Hull who plays at third base, and Melissa Nye. Along with this seasons graduating class of eight seniors, three of which who are committed to playing college softball (Emily Johnston at Niagara University and Lindsey Hull and Melissa Nye at Pitt-Bradford), the Lady Falcons have a solid foundation of seven underclassmen for the seasons to come.

Notable games for the falcons included a game against cross-town rival Hamburg, in which the Falcons were down 4-3 in the seventh inning. The Falcons scored one run to tie the game, and eventually scored the go-ahead run in the bottom of the eighth inning to ensure a Frontier victory. The late inning dramas didn’t stop there as once again the Falcons were down 1-0 to Orchard Park in the final inning, which saw the ladies score two runs to walk off the Quakers. To inspire her ball club, Coach Schruefer says, “Never take a moment for granted. Be better today than you were yesterday, and be the best teammate you can be.” The hard work for the Falcons has paid off, for their goal of having home field advantage come playoff time has been achieved. Even though there is a long way to go for the Lady Falcons, Schruefer feels confident in the ability of her players, and when asked to describe them, all she could say was that they were ‘resilient.’
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